

### Overview

St. George's Hospital provides specialist aged care, rehabilitation and aged psychiatry services. St. George's is part of St. Vincent's, which also includes St. Vincent's Hospital and Caritas Christi.

In-patient services at the Cotham Road site include:

### **Heale Unit**

30 bed Rehabilitation unit located on the 2nd floor.

#### **Reid Unit**

30 bed GEM (Geriatric Evaluation and Management) unit located on the 1st floor.

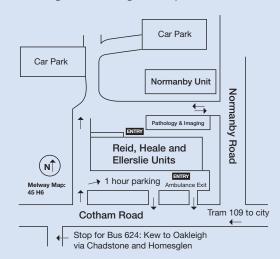
### Ellerslie Unit

20 bed Transition Care unit. Ellerslie Unit is located on the ground floor and accepts patients who are awaiting residential care.

## **Normanby Unit**

20 bed acute Aged Psychiatry Unit. Located at the Normanby Road entrance, the unit accepts patients from the municipalities of Yarra, Boroondara and parts of Darebin.

# Getting to St. George's Hospital



## **Visiting Hours**

Visiting hours are 11am to 8pm, seven days a week. Normanby Unit can be visited from 9:30 am. Please contact the relevant Nurse Unit Manager if you would like to visit outside these hours.

St. George's Hospital 283 Cotham Road Kew Vic 3101 Tel: **03 9816 0400** 

<u>Mission</u>

Our health service is based on and driven by our quest for: Compassion – Justice – Human Dianity – Excellence – Unit



Information for patients, families and carers

### Admission

Patients are admitted to the GEM and Rehabilitation services from acute public and private hospitals and the community by medical referral to the Admissions Coordinator (03 9816 0431). Admissions to the Aged Psychiatry Unit are arranged through the Aged Psychiatry Assessment and Treatment Team (APATT)(03 9816 0443).

### What to bring

Please bring the following items (clearly labelled):

- Day wear (e.g. tracksuits, trousers, skirts, shirts, socks, stockings, cardigan/jumper)
- Nightwear, including dressing gown and slippers
- Underwear
- Toiletries, including hair care items
- Well fitting, non-slip supportive shoes

# Bringing food, drinks and electrical goods

Any food or drink brought into the hospital must be in a labelled and sealed container. Please check with staff about restrictions with food or drink. Please also see the brochure "Can I bring food for patients and residents?"

For your safety, the hospital engineer must check any electrical goods brought from home before use. This includes shavers, radios, hairdryers and lamps. Televisions are available.

### Valuables

St. George's will not be held responsible for money or valuables left in your bedside area. Please see your nurse about having your essential valuables locked in the hospital safe. Other items of value should be left at home.

### Room Changes

Because of the constant demand for hospital beds, it is often necessary to re-arrange beds in the units. If you are asked to change rooms during your stay we ask for your understanding and cooperation.

# No Lift Policy

St. Vincent's has a policy of "No Lifting" for all staff. This means that each unit has a variety of equipment to assist with the safe moving of patients. All staff are trained in the use of the equipment and transfer aids.

# Laundry

The hospital has no laundry service for patient clothing. Please make arrangements for your clothes to be laundered.

### Hairdressing

A hairdresser regularly visits all the units. Please let the staff know if you would like an appointment.

### **Newspapers**

Newspapers are delivered every day. Please tell a staff member if you would like newspapers or magazines delivered.

### Pastoral Care

Pastoral care is available at your request. Please let the staff know if you would like this service.

#### Volunteers

St. George's has a vibrant volunteer program. Volunteers, including pets, visit the units regularly.